# IARPP eNEWS

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# IARPP In Athens Preconference Workshops

On Thursday, July 5th, four preconference workshops – described below – will be offered from 10 AM to 4 PM at a cost of 70 Euros. Although preregistration is strongly recommended (go to www.iarpp.org), you will also be able to register on site. Please note that the Pizers will be sending out reading materials in advance to those who preregister for their workshop.

#### Trauma, Repetition, Affect, Metamorphosis

#### Barbara Pizer Stuart Pizer

Participants in this workshop will apply the unique and prescient insights of Paul Russell to explore the critical relationships among attachment, affect, and repetition in the treatment of trauma. The workshop group will consider Russell's understanding of the inevitable and necessary patient-therapist impasses or what he called "crunches."

Russell wrote that "The repetition compulsion represents the scar tissue of the injury to the capacity to feel." The scar tissue, in this case, is made up of repeated failures to grieve one's losses or the price one has to pay for the absence of affective relatedness, the interruption of relatedness, or the absence of an important lost relationship one never had but needed in order to grow.

Paul Russell was an analytic supervisor, teacher, and dear friend of the Pizers until his untimely death in 1996. His many extraordinary papers remained unpublished during his lifetime and are only now being published. Three of his papers and the instructors' own published introductions will be predistributed to all preregistered participants. Workshop participants are asked to come prepared to discuss their own clinical experiences of impasse, or what Paul called "the crunch."

Barbara Pizer, EdD, and Stuart Pizer, PhD, are both IARPP Board members. Stuart is Past-President, and Barbara co-chaired the 2006 IARPP Conference in Boston. They are each

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faculty and supervising analysts at the Massachusetts Institute for Psychoanalysis, where they created the course on Relational Theory. They are both also Assistant Professors of Psychology at Harvard Medical School, where they have taught clinical seminars and workshops for decades. Both Barbara and Stuart are Associate Editors of Psychoanalytic Dialogues and Corresponding Editors of Contemporary Psychoanalysis. Stuart is author of Building Bridges: The Negotiation of Paradox in Psychoanalysis (The Analytic Press, 1998), and

#### IARPP Board of Directors

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#### IARPP eNews

CHAIR, PUBLICATIONS COMMITTEE: Suzi Naiburg, PhD, LICSW EDITOR: Seth Warren, PhD WEBSITE EDITOR: Larry Zelnick, PsyD Barbara has published numerous articles on the analyst's responsible and creative use of self.

#### Using Attachment Theory & Research Clinically

#### **Shelley Doctors**

The clinical implications of attachment theory and research are just emerging, and the work of relating attachment theory and research to the clinical approaches of the various relational theories has only just begun. This workshop will explore the clinical interface between the self psychological/intersubjective approach to clinical work and attachment. Three groups of overlapping, interpenetrating attachment concepts will be delineated: (1) themes of safety, security, and the experience of felt security, (2) attachment research methodology, including the Adult Attachment Interview (AAI), and (3) the patterns that characterize how people organize maximal proximity to sources of safety and security. Through case examples from adult. couples, and adolescent work, participants will learn how *patterns* established through attachment-related affective interaction are important in the clinical illumination and transformation of maladaptive modes of self- and interactive regulation.

Shelley Doctors, PhD, is on the faculty and a supervising analyst at the Institute for the Psychoanalytic Study of Subjectivity in New York City and at the Institute for Contemporary Psychoanalysis and Psychotherapy in Washington, D.C., as well as at several other institutes. She is a member of the International Council for Psychoanalytic Self Psychology, on the Advisory Board of IARPP, and has just completed 12 vears as Secretary of the International Society for Adolescent Psychiatry and Psychology (ISAPP). At previous IARPP conferences she has co-chaired a preconference (Los Angeles 2004) and discussed papers (Rome 2005).

#### The Analytic Relationship & the Dialogue of Unconsciouses Anthony Bass

In this clinical workshop, participants will explore the nature of the psychoanalytic relationship in depth through the lens of the "relationship as dialogue of unconsciouses." Using this concept of Ferenczi's as a point of departure, the workshop will attempt to deepen our grasp of unconscious, mutual, and psychically symmetrical di-

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mensions of psychoanalytic relating through engagement with difficult, intense, and/or compelling moments in analytic work that participants will come prepared to share with the group.

Workshop participants will explore their experience of patients who are especially affectively arousing or disturbing in one way or another — patients about whom we dream at night, become preoccupied with by day, patients whom we love or hate with particular intensity. Work with such patients provides special opportunities for gaining access to the ways in which the unconscious life of patient and analyst emerge in relation to one another as the work unfolds. Such work also provides rich opportunities for deepening the analytic process and the analyst's grasp of his or her unconscious contribution to it, to the benefit of patient and analyst alike.

Anthony Bass, PhD, is a supervising analyst and faculty member of the NYU Postdoctoral Program in Psychoanalysis and Psychotherapy, where he has been teaching a course on the analytic relationship for over a decade. He has conducted workshops on the nature of unconscious relations in psychoanalysis in the US and Europe. He is president of the Stephen A. Mitchell Center for Relational Studies, Coeditor in Chief of *Psychoanalytic Dialogues*, and is a founding board member of IARPP.

#### Relational Psychoanalysis: Key Concepts, Contemporary Views, & their Clinical Implications *Lisa Director*

This workshop will take a lively, stimulating look at key concepts in relational psychoanalysis. True to our international gathering, we will discuss the influence that groundbreaking thinkers from different parts of the world have had in shaping relational perspectives. Pioneering thinkers like Ferenczi, Klein, Winnicott, and Sullivan will be considered for their early contributions to such concepts as the relational matrix and the two-person psychological model as well as to shifting notions of the role of countertransference. We will trace the evolution of relational thought through its spokespersons today, including such theorists as Benjamin, Davies, and Hoffman, whose perspectives on such phenomena as enactment, subjectivity, and the analytic exchange have helped to shape relational views of therapeutic action.

Discussion will include clinical illustration — and participants will be asked to share clinical experiences that reflect the spirit of relational therapy as it is practiced in their communities and cultures.

Lisa Director, PhD, is a member of the faculty of the New York University Postdoctoral Program in Psychotherapy and Psychoanalysis. She is also faculty at the Psychoanalytic Psychotherapy Study Center, where she teaches fundamental relational concepts and approaches. She is a psychoanalyst and psychologist in private practice in New York, who conducts interactive educational workshops in her work as a consultant to select NYC schools.

Register for IARPP in Athens Preconference Workshops Gala Dinner Hotels and more at www.iarpp.org

# You're Invited to Join the IARPP Press Corps

Suzi Naiburg Chair, Publications Committee

What's the fastest way to get an international byline? Join the brand new IARPP Press Corps that forms in Athens and write up your impressions of one of the conference events for publication in the eNews. We're looking for short reflective essays, news briefs, op-ed pieces (each under 350 words), and we're open to more experimental forms of writing as well.

Consider deepening your experience of the conference by putting some of your thoughts into words and/or interviewing others. Consider using your role as a Press Corps member to help foster connections. We'll also find a way to come together at the conference so Press Corps members can meet each other and exchange ideas.

If you join the IARPP Press Corps, you'll have a chance to work with a skilled, compassionate editor, cover a stimulating presentation, hone your writing skills, talk with one of the speakers, contribute to IARPP, see your name in print, and let others know what you're thinking. I hope this is an offer you won't refuse even if you get the writing jitters. Safe, reliable holding is assured.

If you aren't going to Athens, fear not. We

need reporters covering Relational events and publications around the world. Just let me know you're interested.

Please write me at s\_naiburg@yahoo.com and let me know you'd like to be part of the new IARPP Press Corps at the Athens conference or elsewhere, and I'll sign you up. I look forward to hearing from you and working with you. \*

### Making Connections in Athens

We would like to facilitate your making connections at the Athens conference. So if you'd like to be paired up in advance with an "older" IARPP member to meet at the conference, please email dch@citycongress.com with your contact information, and an IARPP member will contact you.

## Committee for an Inclusive Psychoanalysis — Athens Panel

Lynne Layton, Chair, Committee for an Inclusive Psychoanalysis

The Committee for an **Inclusive Psychoanalysis** has created an exciting invited panel for the Athens conference. "Legitimizing Intolerance: Psychological and Political Perspectives on Migration and Racism" will focus on the politics and psychology of intensified racial and ethnic hatred in the contemporary world and will address the fact that in our different countries we are now experiencing the renewed legitimization of intolerance. Racism, deportation, prison detention, torture, labour market marginalisation and the state's active involvement in destroving (relative) security afflict asylum seekers, irregular migrants, and longstanding citizen members of ethnic minorities as well as members of the dominant culture.

Analysts have long played explicit and implicit roles in the confrontation between regimes and the vulnerable of their societies, working in the analytic hour and the dyad to create meaning, and, for some, outside of the hour to work against injustice and intolerance. Analysts working for social-political change bring a unique set of skills to address both individual and community problems. We feel that a Relational perspective offers an understanding that encompasses both the intrapsychic and interpersonal and the ways that each creates the other. One question we will consider is how do analysts who are engaged in social-political change bring this into their analytic work and how do analysts bring their analytic skills into their political work?

Our speakers are an international group of activists, academics, psychoanalysts, and psychologists who engage with and struggle against the renewal of intolerance, racism, and exclusion in their countries. They are Ricardo Ainslie (USA), Carla Lipsig-Mumme (Australia and Canada), Pnina Rappaport (Israel), and Anastasia Yiannakou (Greece). Andrew Samuels (Britain) will moderate the panel, which will not consist of formal papers but rather brief interventions and conversations that will hopefully draw everyone into dialogue on these troubling and anxietyprovoking issues.

Please join us in Athens for what we think will be an extraordinary panel. �

To join the IARPP Press Corps

just email s\_naiburg@yahoo. com

It's as simple as that.

# Speaking Up and Speaking Out

Marsha Aileen Hewitt

Along with its therapeutic value, psychoanalysis has important implications as a form of social theory that encourages us to think about our cultural values and practices, political commitments and actions, social relationships and institutional arrangements. But while under increased pressure to give credible, empirical accounts of itself, psychoanalysis is, at least in North America. at risk of retreating from thinking about and developing itself as a critical theory of society.

Yet in a world characterized by violence and injustice, a world that threatens to destroy itself, psychoanalysis needs to have even more of a public presence. We can

raise our many voices to demonstrate that we are all truly historical beings who have the capacity to change not only ourselves but the world in which we live. As we work to facilitate processes of self-reflection and encourage our patients to call themselves increasingly into question, so too can we call into question our political leaders.

Fears and hatred of those constituted as "other" are rooted in unconscious fantasies that need to be exposed and reflected upon. Psychoanalysis can ask questions about the emotional and psychic needs that drive racist beliefs and behaviors. We can illuminate the ways in which the boundaries between

internal fantasies and external realities collapse in times of social and political crises. We can demonstrate, for example, how the religious hatred of radical Islam is mirrored in the extremist Christian views of George Bush and how for both extremes the fantasies about the despised other defines a shared reality that has contributed to a tragic war and tens of thousands of deaths.

The eNEWS welcomes short op-ed pieces that bring a psychoanalytic sensibility to larger social issues and, in turn, encourages psychoanalysts to raise their voices in more public places. Please email your submissions to Suzi Naiburg at

s\_naiburg@yahoo.com.

# Some Books about Greece I Have Come to Know and Love

Spyros Orfanos

#### A Century of Greek Poetry, 1900-2000.

by P. Bien, P. Constantine, E. Keeley, & K. Van Dyck. (Eds.). (Cosmos Publishing, River Vale, NJ, 2004).

#### The Parthenon.

by Mary Beard. (Harvard University Press, Cambridge, Mass., 2003).

# Theodorakis: Myth and Politics in

Modern Greek Music. by Gail Holst. (Cosmos Publishing, River Vale, NJ, 1980).

When the Tree Sings. by Stratis Haviaras. Simon and Schuster, NY, 1979). A novel.

The Colossus of Maroussi. by Henry Miller. (Pocket Books, 1958).

#### The Republic.

by Plafo. Jowett Trans. (Vintage Classics, NY, 1991).

#### The Fragility of Goodness: Luck and Ethics in Greek Tragedy and Philosophy. by Martha C. Nussbaum.

(Cambridge University Press, NY, 1986).

#### Salonica: City of Ghosts. Christians, Muslims and Jews 1430-1950.

by Mark Mazower. (Alfred A. Knopf, NY, 2005).

#### A Concise History of Greece, 2<sup>nd</sup> Ed.

by Richard Clogg. (Cambridge University Press, UK, 1992).

The Greek Way. by Edith Hamilton. (W. W. Norton, NY, 1930).

Dinner with Persephone. by Patricia Storace. (Pantheon, Books, NY, 1996).

A Short History of Byzantium. by John Julius Norwich. (Vantage Bóoks, NY, 1997).

#### The Trial of Socrates.

by I. F. Stone. (Anchor Books, NY, 1989).

#### The Oracle: The Lost Secrets and Hidden Message of Ancient Delphi.

by William J. Broad. (Penguin Press, NY, 2006).

#### What is Ancient Philosophy?

by Pierre Hadot. Michael Chase Trans. (Belknap Press, Cambridge, Mass., 2002).

#### Wrestling with the Ancients: Modern Greek Identity and the Olympics.

by Alexander Kitroeff. (Greekworks.com, 2004).

### Athens: From Ancient Ideal to

Modern City, A History. by Robin Waterfield (Perseus Books, 2004).

#### Report to Greco.

by Nikos Kazantzakis (Touchstone, 1956).

### Membership Committee Report

Steven Knoblauch, Co-Chair, Membership Committee

IARPP is growing. As of this May, we have 931 members from around the world. Five hundred and eightyfour members come from North America. and 166 come from Europe (including Switzerland, Sweden, Spain, Norway, Denmark, Finland, France, Germany, Italy, the Netherlands, and Austria) and the UK. We have 2 members from Asia (Hong Kong and Japan), 1 from Mexico, 6 from South America (including Chile, Brazil and Peru), 4 come from Africa (including South Africa), 104 from the Middle East and the Mediterranean region (including Israel, Greece, Turkey, Cyprus, and Serbia Mentenegro), and 50 from Australia and New Zealand

Two hundred and twenty-four new members have joined since August 2006. Of these 118 came from North America, 39 from Europe and the UK, 1 from Hong Kong, 1 from Mexico, 2 from South America, 47 from the Middle East and Mediterranean, and 10 from Australia and New Zealand. So we are becoming increasingly international.

We would like to increase our membership and believe that our conferences and on-line colloguia and seminars have been wonderful incentives. The committee is open to new ideas about how to approach our work. Please feel free to contact us with any thoughts you may have. I can be reached at sk@psychoanalysis.net. To keep you informed, in coming issues of the eNews we will be providing updates on new and developing chapters of IARPP. \*

Some Movies about Greece and the Greeks I Love

#### Spyros Orfanos

Stella (1955) Michael Cacoyannis **Never on Sunday** (1960) Jules Dassin Antigone (1961) Michael Cacoyannis The Guns of Navarone (1961) J. Lee Thompson Electra (1962) Michael Cacoyannis The Engagement of Anna (1972) Pandelis Voulgaris **Zorba the Greek** (1964) Michael Cacovannis Z (1969) Costas Gavras The Price of Love (1984) Tonia Mar*ketaki* Rembetiko (1986) **Costas Ferris Shirley Valentine** (1989) Lewis Gilbert Mediterraneo (1991) Gabriele Salvatore Ulysses' Gaze (1997) Theo Angelopoulos