



## PRE-CONFERENCE WORKSHOPS Wednesday June 29, 2011

### Schedule

09:00-10:45 Activities  
 10:45-11:15 Break  
 11:15-13:00 Activities  
 13:00-15:00 Lunch time  
 15:00-16:15 Activities  
 16:15-16:30 Break  
 16:30-17:45 Activities

### Workshop I

**Research Methodology  
for Relational  
Psychoanalysis**  
 Presenter: Horst  
Kächele

### Workshop II

**Affect Regulation: A  
Clinical Synthesis,**  
 Presenter: Daniel Hill

### Workshop III

**The Analytic  
Relationship and the  
Dialogue of  
Unconsciouses: A  
Clinical Workshop,**  
 Presenter: Anthony Bass

### Workshop IV

**Sándor Ferenczi, the  
“introjective  
psychoanalyst” and the  
role-reversal dynamics ,**  
 Presenter: Franco  
Borgogno

Site: **NH Eurobuilding – MADRID (SPAIN)**      Web page and registration: [www.iarpp2011.com](http://www.iarpp2011.com)

<b>Registration</b>	<b>By March 30, 2011</b>	<b>From April 1 to June 20, 2011</b>	<b>From June 21 to June 29, 2011</b>
<i>People from USA, Canada, Europe, Japan, South Africa &amp; Australia</i>			
IARPP Members	150	170	200
Non-members	180	200	230
Candidate members	100	120	150
Candidate non-members	130	150	180
Student members**	90	110	140
Student non-members**	120	140	170
<i>People from Eastern Europe*, Israel, Latin America, Rest of Asia, Africa, New Zealand and Oceania</i>			
IARPP Members	120	140	170
Non-members	150	170	200
Candidate members	80	100	130
Candidate non-members	100	120	150
Student members**	60	80	110
Student non-members**	100	120	150

**All amounts are in Euros (€)** (\*) Countries included: Albania, Armenia, Azerbaijan, Belarus, Bulgaria, Bosnia and Herzegovina, Croatia, Cyprus, Czech Republic, Estonia, Georgia, Greece, Hungary, Kosovo, Latvia, Lithuania, Moldova, Montenegro, Poland, Romania, Serbia, Slovakia, Slovenia, Republic of Macedonia, Russian Federation, Turkey, Ukraine. (\*\*) Subject to proper accreditation. To qualify for student rate, studies must be directly related to training in Psychotherapy & Psychoanalysis



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### Workshop I: Research Methodology for Relational Psychoanalysis. Presenter: Prof. Dr. Dr. Horst Kächele

**Contents:** The workshop will display various formats of implemented research on (relational) psychoanalytic therapies. It will guide the participant through phases of research starting from the clinical case study (phase 0). It will then move on the phase of descriptive research (phase I) , then to the phase of experimental analogue research (phase II). The topic of randomized clinical trials versus naturalistic studies (phase III & IV) will inform the participant about the crucial debate in our field in the era of evidence-based medicine. The final topic will cover the issue of patient-focused research approach with its implications for quality assessment in psychoanalytic therapy (phase V). Besides the focus on treatment evaluative research it will also focus on the new issue of differential therapist impact which may have considerable impact on the training issues.

**Horst Kächele Bio:** Born 1944, grew up in Stuttgart in Swabia; Study of medicine in Marburg, Leeds (England) and Munich 1963-1969; Training in psychotherapy at the Department of Psychotherapy Ulm University 1970-1975; Training in psychoanalysis at the Ulm Institute of Psychoanalysis (IPA) 1970-1975; Habilitation 1976; Associate professor 1977 Ulm University; Chief of section for psychoanalytic methodology at Ulm University 1978-1989; Chief of Center for Psychotherapy Research Stuttgart 1988-2004; Chair of Department of Psychotherapy at the Faculty of Medicine Ulm University 1990; Chair of Department Psychosomatic Medicine and Psychotherapy at the Faculty of Medicine Ulm University 1997 – 2009; Professor at International Psychoanalytic University Berlin since 2010. Publications to a) psychoanalytic process and outcome research, b) somato-psychic topics in Bone Marrow Transplantation and eating disorders, c) clinical attachment research. Co-Author (with H. Thomä) of the Ulm textbook on psychoanalytic therapy in many languages; Visiting professor at University College London, Psychoanalysis Unit 1995-2000, 2009; Honorary Professor of the Faculty für Psychoanalytic Medicine, University St Petersburg 1996; Profesor visitante permanente de la Universidad de Chile, 2005; S. Freud Award of the City of Vienna 2003; M. Sigourney Award of the American Psychoanalytic Association 2005



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### Workshop II: Affect Regulation: A Clinical Synthesis.    Presenter: Prof. Dr. Daniel Hill

**Morning presentation:** Affect regulation is an emerging paradigm based in integrations of psychoanalysis, affective neurobiology, developmental social cognition, infant studies, and attachment studies. The primary integrationists are Allan Schore, Daniel Siegel and Peter Fonagy. In the morning presentation Dr. Hill will be presenting the basic components of the clinical model: the broad strokes of the model's theory of body $\leftrightarrow$ brain $\leftrightarrow$ mind, theory of development, theory of pathogenesis, and theory of therapeutic action. He will pay special attention to clinical aspects of the model including the emphasis on dissociation and giving relational trauma center stage in the understanding of developmental psychopathology. Finally, he will discuss how the integration of attachment theory and neurobiology has led to a broadening of attachment theory to include the development of the capacity to regulate affect.

**Afternoon presentation:** In the afternoon presentation Dr. Hill will discuss how regulation theory understands personality disorders to be sequelae of attachment trauma. Special attention will be paid to two different types of narcissistic personality disorders based in the defensive patterns typical of avoidant and preoccupied attachment styles. These two different types of narcissism are understood to be based in neuro-psycho-biological patterns originating in attachment trauma during critical periods of the development of affect regulating structures.

**Daniel Hill Bio:** Dr. Hill is a psychoanalyst, educator and a leading proponent of the paradigm shift to affect regulation. His publications and presentations include topics ranging from the erotic transference to religious fundamentalism understood through the lens of affect regulation. For the past five years he has conducted yearly conferences and on-going study groups focused on an in depth understanding of the regulation of affect developed in the attachment relationship and through the psychotherapeutic relationship. He is on the faculties of the National Institute of the Psychotherapies and the New York University Postdoctoral Program in Psychoanalysis and Psychotherapy.



## PRE-CONFERENCE WORKSHOPS    **Wednesday June 29, 2011**

### **Workshop III - The Analytic Relationship and the Dialogue of Unconsciouses: A Clinical Workshop**

Presenter: **Anthony Bass, Ph.D.**

**Program Description:** This workshop will explore the nature of the psychoanalytic relationship in depth, through the lens of the “relationship as a dialogue of unconsciouses.” Using Ferenczi’s concept of a “dialogue of unconsciouses” as a point of departure for the experience, we will attempt to deepen our grasp of unconscious dimensions of psychoanalytic relating through our engagement with difficult analytic moments that workshop participants will be invited to offer for the group’s consideration. Participants will have an opportunity to share their work with patients with whom they have found themselves to be unusually intensely involved: that is, with patients who have evoked particularly intense reactions in their therapist. This might include patients who are found to be particularly affectively arousing in one way or another, or disturbing, patients about whom one dreams at night, or becomes preoccupied by day, or who evoke anxious or counter-resistive responses, such as falling asleep or becoming bored. These analytic moments that are often at the heart of enactments in psychoanalytic work provide special opportunities for gaining access to the ways in which the unconscious life of patient and analyst emerge and interact in the work, creating special challenges and special opportunities for deepening the work. Participants are expected to come to the workshop prepared to share some clinical process from their own practices with Dr. Bass and the group.

**Learning Objectives:** Participants will be able to: 1) Develop a deeper appreciation for the mutual and psychically symmetrical and complementary aspects of psychoanalytic relations; 2) Participants will gain a fuller appreciation of the dimension of enactment in intense analytic engagement and to learn new ways to attend to this dimension in bringing it to the joint awareness of therapist and patient; 3) Participants can expect to have an experience in which they experiment with new ways of using their own self-experience, at conscious and unconscious levels, to deepen analytic work at difficult junctures.

**About the Presenter:** Anthony Bass, Ph.D. is on the faculty and is a supervising analyst at the NYU Postdoctoral Program in Psychoanalysis and Psychotherapy and the Stephen Mitchell for Relational Studies, for which he also serves as president of the board of directors. He is also on the faculty of the Columbia University Center for Psychoanalytic Training and Research, the Institute for Relational Psychoanalysis of Philadelphia, and the National Institute for the Psychotherapies National Training Programs. He is the joint editor in chief of *Psychoanalytic Dialogues*, and a founding director of the International Association for Relational Psychoanalysis and Psychotherapy. He has written widely and run workshops nationally and internationally on the analytic relationship and the nature of unconscious communication between patient and analyst.



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### Workshop IV - Sándor Ferenczi, the “introjective psychoanalyst” and the role-reversal dynamics

Presenter: **Prof. Dr. Franco Borgogno**

**Contents:** I) *Ouverture*: A ‘calling card’; *Interludio capriccioso*: Instructions for using the psychoanalytic method; *Allegro ma non troppo*: Contact, psychic contagion, transference, and introjections; *Rondò finale*: trauma, identificatory play and role-reversal; Conclusion. II) Introduction; The Early Years of Analysis: Birth; New Rumblings of Life: A Surprising Emotional Response and Its Consequences; Work on Integration: Living.

The workshop is divided in two parts

1. My first presentation is aimed to highlight why Ferenczi is the ‘introjective psychoanalyst’ par excellence in the history of psychoanalysis. Employing the approach to classic psychoanalytic texts I adopted in my book *Psychoanalysis as a Journey* (1999), I shall explore and discuss a number of crucial theoretical and clinical issues that, throughout Ferenczi’s life and works, shaped his development in this direction. In doing this, I shall also maintain that this specific characteristic of his analytical commitment is the main reason why today we still look at Ferenczi as a source of inspiration and almost a contemporary teacher. In my argument, I shall focus particularly on his early and late writings in order to illustrate more clearly the development of his ‘introjective’ analytical style asking to the participants to clinically discuss and comment each part of my paper.

2. My second presentation is a detailed examination of clinical material from various stages of an analysis of a schizoid patient, an extremely silent and inert young woman, who was profoundly emotionally deprived in childhood. In it I explore how the analyst lives and processes the interpersonal events that lie at the origin of her affective and mental suffering and how he works through his own unconscious emotional response, both as a tool for comprehension and as a key element of environmental facilitation, in order to attain a “new beginning” and a level of development and emancipation that the patient has never experienced before. A special attention will be given to the process of role reversal in the transference and countertransference dynamics during the treatment.

**Brief presentation of the theoretical-clinical journey of Franco Borgogno:** Right from his beginnings in the mid-Seventies as professor of psychology (University of Turin) and from 1984 as psychoanalyst of the *Società Psicoanalitica Italiana* (I.P.A.), Franco Borgogno Ph.D., full Professor in Clinical Psychology and Training and Supervising Analyst, has increasingly focused his theoretical and clinical endeavors on the exploration of the relevance of the psychic environment (both parental and analytic environment) as a key factor of health and illness.



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This attention on the vicissitudes of “real life events” in their connection with the transference-countertransference dynamics brought him to a new reading of the works by Sigmund Freud, Paula Heimann, Wilfred R. Bion, Donald W. Winnicott and especially Sándor Ferenczi. From his personal “re-visitation” of these authors he has come to propose a series of key clinical concepts which he has described in his fundamental books (published in Italian, Spanish, Portuguese, English and French) *Psicoanálisis como recorrido / Psychoanalysis as a Journey* (Editorial Síntesis, Madrid 2001/ Open Gate Press, London 2007), *La entrevista de Vancouver / The Vancouver Interview: Notes and Fragments of a Psychoanalytic Vocation* (Lumen, Buenos Aires 2008 / partially translated in: *The American Journal of Psychoanalysis*, 68, 1: 69-99) and, more recently, in his new book “*The Young Lady Committing Hara-kiri*” and *Other Essays* (Bollati Boringhieri, 2011). (He also edited: *La partecipazione affettiva dell’analista, Ferenczi oggi*; with P. Bion Talamo and S. A. Merciai *Lavorare con Bion, Bion’s Legacy to Groups and Institutions, W. R. Bion: Between Past and Future*; and with C. Bonomi *La catastrofe e i suoi simboli*).

From 1974 to date, Franco Borgogno has passionately devoted himself in presenting and transmitting clinical psychoanalysis in the Academia in a non dogmatic way, a mode particularly fit for the application of psychoanalysis in the medical, psychological and psychiatric work. As a development of this, he founded in 1999 and directed until 2009, within his university, a postgraduate school in Clinical Psychology that lawfully licenses M.D.s and Psy.D.s to conduct psychotherapy, and has contributed in 2001 to establish a Doctorate Program in “Clinical and the Interpersonal Relationships Psychology” of which he has also been Director for several years. This interest in the transmission of psychoanalysis within the university has earned him the appointment as member, co-chair for Europe and lastly – from 2009 – chair of the I.P.A. Committee “Psychoanalysis and University” and member ex-officio of the I.P.A. Outreach Committee.

Moreover, Franco Borgogno is an active member of the *Società Psicoanalitica Italiana*, of the *European Psychoanalytical Federation* and of the *International Psychoanalytical Association* and has organized numerous international conferences, among which the Turin 1997 International W.R. Bion Congress and the Turin 2004 International S. Ferenczi Conference. He has done a rich editorial activity with many international psychoanalytic journals and Italian publishing houses, editing the Italian translations of many psychoanalytic classics. His publications (books, articles in journals and chapters in books) in various languages are more than 330. He is the recipient of the 2010 Mary Sigourney Award ([www.sigourneyaward.org](http://www.sigourneyaward.org)).